

Maha Prajña Paramita Heart Sutra

Avalokiteshvara Bodhisattva, doing deep Prajña Paramita,
Clearly saw emptiness of all the five conditions
Thus completely relieving misfortune and pain.
Oh Shariputra, form is no other than emptiness,
Emptiness no other than form;
Form is exactly emptiness, emptiness exactly form.
Sensation, conception, discrimination, awareness are likewise like this.
Oh Shariputra, all Dharmas are forms of emptiness:
Not born, not destroyed; not stained, not pure, without loss, without gain.
So in emptiness there is no form, no sensation, conception, discrimination, awareness.
No eye, ear, nose, tongue, body, mind; no color, sound, smell, taste, touch, phenomena.
No realm of sight, no realm of consciousness; no ignorance and no end to ignorance,
No old age and death, no end to old age and death,
No suffering, no cause of suffering, no extinguishing,
no path, no wisdom and no gain.
No gain and thus the Bodhisattva lives Prajña Paramita,
With no hindrance in the mind.
No hindrance, therefore no fear.
Far beyond deluded thoughts, this is Nirvana.
All past, present, and future Buddhas live Prajña Paramita.
And therefore attain Añutara-Samyak-Sambodhi.
Therefore know Prajña Paramita is the great mantra,
The vivid mantra, the best mantra, the unsurpassable mantra.
It completely clears all pain.
This is the truth not a lie.
So set forth the Prajña Paramita mantra,
Set forth this mantra and say:
Gate Gate Paragate! Parasamgate! Bodhi Svaha! Prajna Heart Sutra!

